

GIRLS' TRUE TEAM CHAMPIONSHIPS

Click on event of interest

May 14, 1999

100 Meter Dash

1 Kristin Wells, Coon Rapids	12.84
2 Melody DeLeon, Coon Rapids	12.94
3 Sara Christianson, Osseo	13.06
4 Theresa Fritz, Anoka	13.07
4 Kimberly Curtis, Coon Rapids	13.07
4 Natalie Lyzhof, Maple Grove	13.07
7 Jill Ylonen, Champlin Park	13.08
7 Mara Anderson, Elk River	13.08
7 Amanda Mueller, Forest Lake	13.08
10 Pam Smith, Osseo	13.24
11 Leah Herrboldt, Elk River	13.37
12 Shannon Jackson, Anoka	13.55
13 Jodi Fladung, Elk River	13.71
14 Lesley Vangelof, Blaine	13.72
15 Kati Houg, Osseo	13.78
16 Jessica Dahlheimer, Champlin Park	13.90
17 Lindsay Duff, Anoka	13.96
18 Casey O'Rourke, Maple Grove	13.97
19 Jess Kuhn, Blaine	13.98
20 Staci Jackson, Forest Lake	14.07
21 Chloe Allen, Champlin Park	14.10
22 Kate Meyers, Blaine	14.11
23 Chanda Bailey, Forest Lake	14.19
24 Tara Schroeder, Maple Grove	14.39

200 Meter Dash

1 Amanda Mueller, Forest Lake	26.18
2 Melissa Mulvaney, Elk River	26.26
3 Theresa Fritz, Anoka	26.75
4 Melissa Haun, Coon Rapids	26.80
5 Jenny Larsen, Blaine	26.89
6 Fallon Prebeck, Anoka	27.10
7 Lesley Vangelof, Blaine	27.24
8 Carla Perry, Forest Lake	27.32
9 Emily Keifenheim, Elk River	27.41
10 Katie Krambeer, Osseo	27.44
11 Tara Masterson, Anoka	27.60
12 Sarah DeMars, Elk River	27.65
13 Ashley Stuhr, Coon Rapids	27.79
14 Emily Boethin, Coon Rapids	28.08
15 Susan Hemstad, Forest Lake	28.42
16 Nicole Wagoner, Blaine	28.81
17 Kristin Taft, Maple Grove	29.38

400 Meter Dash

1 Laurisa Ewert, Anoka	60.43
2 Melissa Mulvaney, Elk River	61.15
3 Amanda Mueller, Forest Lake	61.25

4	Kathi Jo Jankowski, Anoka	61.87
5	Jenny Larsen, Blaine	62.50
6	Leah Herrboldt, Elk River	63.25
7	Allyson Ashley, Coon Rapids	63.31
8	Kristi Moravec, Maple Grove	63.63
9	Louise Carey, Forest Lake	64.24
10	Shawna Tessum, Coon Rapids	66.56
11	Katie Aisdurf, Forest Lake	67.29
12	Kayla Christensen, Elk River	67.40
13	Sarah Swenson, Blaine	67.51
14	Bethany Fenhaus, Maple Grove	67.64
15	Stefany Schloesser, Blaine	70.11
16	Teresa Larson, Maple Grove	70.84
17	Jamie Carlson, Osseo	76.48

800 Meter Run

1	Megan Manthe, Anoka	2:20.27
2	Jenelle Moehn, Osseo	2:20.50
3	Laura Charlesworth, Coon Rapids	2:28.35
4	Amber Beck, Forest Lake	2:30.89
5	Mary Kasper, Forest Lake	2:31.37
6	Lindsay Bacigalupo, Anoka	2:32.78
7	Katy Nagel, Maple Grove	2:32.89
8	Kim Korus, Elk River	2:33.97
9	Maria Wallen, Elk River	2:34.93
10	Kristin Hoppe, Coon Rapids	2:35.88
11	Kelly Faulkner, Maple Grove	2:36.51
12	Anok, Anoka	2:38.34
13	Bethany Belden, Maple Grove	2:38.61
14	Liz Smith, Osseo	2:38.94
15	Anna Skogerboe, Blaine	2:39.77
16	Jacki Rust, Coon Rapids	2:41.16
17	Carly Christensen, Elk River	2:43.20
18	Kristen Findley, Blaine	2:45.86
19	Danielle Cole, Forest Lake	2:46.91
20	Stacie Holmgren, Blaine	2:54.72
21	Danielle Benson, Osseo	2:55.60

1600 Meter Run

1	Annie Wells, Maple Grove	5:26.66
2	Lindsay Bacigalupo, Anoka	5:36.20
3	Kim Korus, Elk River	5:39.76
4	Christina Anderson, Coon Rapids	5:46.59
5	Jodi Kirk, Elk River	5:49.31
6	CoRa, Coon Rapids	5:50.51
7	Ann Lindberg, Maple Grove	5:51.51
8	Rachelle Price, Coon Rapids	5:52.27
9	Kristen Findley, Blaine	5:53.72
10	Stephanie Peterson, Anoka	5:56.15

11 Jessica Hagen, Anoka	5:56.37
12 Fola, Forest Lake	6:01.01
13 Sara Fredrickson, Elk River	6:04.63
14 Katie Frazer, Osseo	6:06.41
15 Melissa Sassaman, Forest Lake	6:10.00
16 Shieila Hill, Maple Grove	6:11.80
17 Caitlin Mosman, Osseo	6:13.40
18 Nancy Waldoch, Forest Lake	6:17.50
19 Stacie Holmgren, Blaine	6:18.10
20 Melissa Bohnen, Blaine	6:18.30
21 Rebecca Kastner, Osseo	6:39.12
ChPa, Champlin Park	DNF
ChPa, Champlin Park	DNF
ChPa, Champlin Park	DNF

3200 Meter Run

1 Anna Frietas, Elk River	12:26.86
2 Liz Bock, Maple Grove	12:30.84
3 Ashley Turner, Coon Rapids	12:53.70
4 Stephanie Peterson, Anoka	13:02.44
5 Alice Wood, Forest Lake	13:04.29
6 Dawn Desteno, Anoka	13:04.62
7 Kristin Howe, Forest Lake	13:06.83
8 Jenny Steel, Blaine	13:08.69
9 Heather Rugland, Coon Rapids	13:10.15
10 Rachelle Price, Coon Rapids	13:10.64
11 Allison Schmidt, Blaine	13:15.63
12 Heidi Stangl, Anoka	13:16.74
13 ERI, Elk River	13:19.76
14 Veronica Kraemer, Maple Grove	13:27.51
15 ERI, Elk River	13:29.80
16 Vicki Parlin, Blaine	13:46.40
17 Sarah Nelson, Forest Lake	13:48.98
18 Liz Nygaard, Osseo	13:57.50
ChPa, Champlin Park	DNF
Osse, Osseo	DNF
ChPa, Champlin Park	DNF
ChPa, Champlin Park	DNF
Osse, Osseo	DNF

100M High Hurdles

1 Stacey Trushenski, Elk River	15.75
2 Jennifer Aibers, Coon Rapids	16.10
3 Aleasha Jacobson, Elk River	16.26
4 Michelle Kerr, Coon Rapids	16.35
5 Kelly Jackson, Elk River	16.80
6 Jess Spelbrink, Blaine	17.12
7 Kristin Taft, Maple Grove	17.16
8 Lindsey Augst, Anoka	17.17

9 Molly Bauman, Coon Rapids	17.21
10 Allison Foley, Anoka	17.22
11 Katie Timm, Anoka	17.36
12 Steph Carlson, Maple Grove	17.38
13 Jenna Schwartz, Osseo	17.58
14 Corina Krantz, Forest Lake	17.59
15 Laura Finnvik, Champlin Park	17.60
16 Kristi Hawkinson, Forest Lake	17.78
17 Andrea Tyson, Osseo	17.87
18 Alisa Mattson, Champlin Park	18.13
19 LeeAnn Sothorn, Osseo	18.40
20 Anna Rawski, Blaine	18.44
21 MaGr, Maple Grove	18.50
22 Jackie Thompson, Champlin Park	18.95
23 Amanda Nowak, Blaine	19.30

300M Low Hurdles

1 Sarah DeMars, Elk River	47.44
2 Michelle Kerr, Coon Rapids	47.79
3 Jenna Schwartz, Osseo	48.88
4 Allison Foley, Anoka	50.00
5 Molly Bauman, Coon Rapids	50.33
6 Lisa Juth, Coon Rapids	50.52
7 Jennifer Erickson, Anoka	51.08
8 Corina Krantz, Forest Lake	51.12
9 Steph Carlson, Maple Grove	51.16
10 Kristi Hawkinson, Forest Lake	51.20
11 Stephanie Dick, Elk River	52.16
12 Kelly Jackson, Elk River	52.23
13 Anna Rawski, Blaine	52.26
14 Sarah Greiniger, Maple Grove	52.67
15 Kristin Taft, Maple Grove	53.71
16 Brenda Anderson, Forest Lake	54.78
17 Lindsey Augst, Anoka	55.16
18 LeeAnn Sothorn, Osseo	55.44
19 Angie Gunderson, Blaine	56.68
20 Kayla Woodward, Blaine	56.72

4X100 Meter Relay

1 Coon Rapids	51.77
2 Elk River	51.97
3 Anoka	51.99
4 Osseo	52.34
5 Forest Lake	52.87
6 Blaine	53.26
7 Maple Grove Champlin Park	54.89 DNF

800 Meter Relay

1 Coon Rapids	1:48.31
2 Anoka	1:50.70

3 Elk River	1:51.10
4 Osseo	1:51.20
5 Forest Lake	1:51.46
6 Blaine	1:56.54
7 Maple Grove	1:56.56
Champlin Park	DNF

4X400 Meter Relay

1 Anoka	4:10.08
2 Elk River	4:19.86
3 Coon Rapids	4:21.51
4 Forest Lake	4:22.83
5 Blaine	4:37.91
6 Maple Grove	4:38.83
7 Osseo	5:04.11
Champlin Park	DNF

4X800 Meter Relay

1 Anoka	10:04.42
2 Coon Rapids	10:08.81
3 Maple Grove	10:10.91
4 Forest Lake	10:14.23
5 Elk River	10:14.82
6 Blaine	10:36.06
7 Osseo	11:34.30
8 Champlin Park	13:23.31

Long Jump

1 Kimberly Curtis, Coon Rapids	17-1 1/2
2 Leah Herrboldt, Elk River	15-9 1/2
3 Kristi Moravec, Maple Grove	15-9 1/2
4 Tia Battle, Maple Grove	15-7
5 Katie Krambeer, Osseo	15-6 1/2
6 Jaimie Goffin, Coon Rapids	15-3 1/2
7 Melissa Mulvaney, Elk River	15-2 1/2
8 Jenny Geng, Anoka	15-2
9 Louise Carey, Forest Lake	15-0 1/2
10 Melanie Rowe, Anoka	14-8 1/2
11 Susan Hemstad, Forest Lake	14-4 1/4
12 Megan Sellheim, Elk River	14-3
13 Melody DeLeon, Coon Rapids	14-2 1/2
14 Katie Alsdurf, Forest Lake	14-1 1/2
15 Kellie Munson, Blaine	14-1 1/2
16 Marie Colago, Anoka	13-9 1/2
17 Teresa Larson, Maple Grove	13-8 1/2
18 Jocce Wailberg, Blaine	13-1 1/2

19 Jess Speibrink, Blaine 12-9 3/4

Triple Jump

1 Melissa Mulvaney, Elk River 35-10
 2 Aleasha Jacobson, Elk River 35-9
 3 Shannon Jackson, Anoka 34-11
 4 Kristi Moravec, Maple Grove 34-8
 5 Katie Tims, Anoka 33-10
 6 Kristin Wells, Coon Rapids 33-6 1/2
 7 Tiffany Huso, Champlin Park 32-10
 8 Katie Kraabeer, Osseo 32-4
 9 Jaimie Goffin, Coon Rapids 32-2 1/2
 10 Laurisa Ewert, Anoka 32-1
 11 Megan Bellheim, Elk River 31-8
 12 Jenny Larsen, Blaine 31-6
 13 Katie Alsdurf, Forest Lake 31-2 1/2
 14 Rebecca Grill, Osseo 31-1
 15 Jennifer Duerre, Coon Rapids 30-9
 16 Kellie Munson, Blaine 30-8
 17 Susan Heustad, Forest Lake 30-4
 18 Sarah Greiniger, Maple Grove 30-4
 19 Kaja Heinecke, Champlin Park 29-2
 20 Jocee Wallberg, Blaine 28-11
 21 Amy Larson, Osseo 28-4
 22 Staci Jackson, Forest Lake 27-11
 Tara Schroeder, Maple Grove ND
 Jaclyn Hoffarth, Champlin Park ND

Shot Put

1 Sarah Shidell, Coon Rapids 38-2
 2 Lindsay Palaia, Maple Grove 35-1 3/4
 3 Anok, Anoka 34-7
 4 Jessica Guanrud, Elk River 34-5 1/2
 5 Nikole Smith, Anoka 33-8 1/4
 6 Sarah Walby, Coon Rapids 33-3 3/4
 7 Sarah Langfeld, Coon Rapids 33-1
 8 Patricia Grussine, Anoka 32-3
 9 Jessica Stephan, Blaine 32-2
 10 Angela Fahey, Forest Lake 31-10 1/4
 11 Shannon Hurd, Elk River 31-9 3/4
 12 Ann Severson, Forest Lake 31-3
 13 Carla Greene, Elk River 31-1 1/2
 14 Kari Haverson, Forest Lake 30-10 3/4
 15 Kaya Rasmussen, Blaine 29-2 3/4
 16 Nicole LeDell, Osseo 28-2 3/4
 17 Melody Miller, Osseo 27-9
 18 Angie Grabowski, Maple Grove 23-11 1/2

4	Jerilyn Glenn, Forest Lake	9-0
5	Stephanie Nadeau, Elk River	8-6
6	Abbey Lushanko, Forest Lake	8-0
7	Andrea Christiansen, Coon Rapids	8-0
7	Beth Bauer, Anoka	8-0
9	Rebekah Speiss, Forest Lake	8-0
10	Jamie Sanborn, Elk River	7-6
10	Colleen Morgan, Elk River	7-6
12	Jess Spelbrink, Blaine	7-0
13	Blair Dorosh-Walther, Coon Rapids	6-0
14	Krista Glauner, Blaine	6-0
15	Blai, Blaine	6-0